

# Mrs. W.'s Newsletter



# January



## SONG

### JACK BE NIMBLE

Jack Be Nimble  
Jack Be Quick  
Jack Jump Over  
the Candlestick

## LOOK WHAT WE'RE LEARNING

This week we will focus on the nursery rhyme, "Jack Be Nimble". The children will learn Jack needs to be quick to jump over the candlestick. We will spend time working on our upper and lower body strength as we move to music.

Tuesday's class will be introduced to winter animals and listen to the story, "Who am I? Snowy Animals", It's a cute flip book that has bold pictures of cute snow animals. The children will discover who is hiding behind each fun page.

**Monday - NO SCHOOL**  
**Tuesday, Jan 21**

**STORY:** "Who Am I? Snowy Animal"  
by DK

**PROJECT:** "Pom Pom Print Bear" Stamp  
white paint to create a polar bear

**LEARNING TIME:** "Feed the Penguin"  
Children take turns to find fish colors to feed Peter,  
the Penguin

**MOTOR:** "Winter Animal Movements"  
Polar bear, penguin, whale and snowy owl

**Wednesday, Jan. 22**  
**Thursday, Jan. 23**

**STORY:** "Jack Be Nimble" Nursery Rhyme

**PROJECT:** "Jack Jump Over Candle"  
Glue Jack and snip flame to place on the candle

**LEARNING TIME:** "J for Jack" Peel  
back stickers to place on the letter J

**MOTOR:** "Jack Says" Directional Movements  
(jump, walk around, stomp and tip-toe)

**SPIRIT DAY!**  
**WEAR T-SHIRT**

## NOTE

A few fun activities you can do at home to help build upper and lower body strength. Allow your child to climb over surfaces (large pillows). Play the Simon says game for body awareness. Play toss and catch games. Try wheel barrow walking or animal and bug walks.



## PEEK AT LAST WEEK

The children learned God made all kinds of fish in the sea. We worked on fish colors and learned fish have eyes, scales and use their fins to swim in water.

We counted five fish inside a fish bowl and painted blue waves.

Blue was the color we learned last week. The children glued blue objects on Suzy's Zoo big blue balloon. Suzy now holds four balloons in my classroom.